

ISOMAN FULL

Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME	
1	38	Michal Garbacki	M	Cityzen Poznan/OVA	ISO_FFF_2016	22:22	22:45	23:37	23:15	25:12	23:29	25:00	25:47	3:11:31	7:49	3:08:42	7:34	51:57	54:43	55:10	55:19	3:37:22	0:00:00	0:02:25	9:59:59.3	
2	19	Henry Walker	M	Malvern Tri Club	ISO_FFF_2016		47:34	24:49		51:48		53:48	27:28	3:25:23	7:49	3:11:47	4:51	47:30	52:53	57:59	1:01:19	3:39:40	0:00:00	0:00:00	10:16:50.7	
3	5	James Goumour	M	Unattached	ISO_FFF_2016	49:59	25:05	53:09	29:27	27:19			27:40	3:32:41	7:41	3:08:08	6:37	51:03	53:40	57:09	59:30	3:44:23	0:00:00	0:01:38	10:26:50.7	
4	60	Edward Hardy	M	Tewkesbury Triathlon Club	ISO_FFF_2016		47:47	25:01		25:97	26:52		1:22:29	3:28:12	9:06	3:26:16	4:46	51:06	54:24	1:01:51	1:00:20	3:47:43	0:01:07	0:00:00	10:43:17.6	
5	49	Toby Thomas	M	Unattached	ISO_FFF_2016	25:48	27:45		56:34	28:29	28:45		1:01:17	3:48:41	5:34	3:19:20	3:43	53:12	54:47	57:28	58:74	3:44:06	0:00:00	0:00:00	10:52:19.1	
6	64	Robert Hastings	M	Unattached	ISO_FFF_2016	20:58	21:48	22:36	24:27	23:48	25:02	24:26	24:10	3:07:16	6:42	3:21:06	7:47	55:29	1:02:04	1:08:13	1:14:53	4:20:40	0:00:42	0:02:45	10:52:29.2	
7	37	Neil Wicks	M	Worcester Triathlon Club	ISO_FFF_2016	23:27	25:17		54:36				2:02:14	3:45:21	6:04	3:47:07	4:57	49:14	54:57	1:04:30	1:23:50	4:12:33	0:00:00	0:00:00	11:00:47.2	
8	61	Natalie Jackson	F	Bolton Triathlon Club	ISO_FFF_2016	21:47	22:44	22:43	23:57	23:36		49:00	25:54	3:09:45	7:15	4:02:48	4:38	57:24	57:07	1:00:53	1:04:37	4:00:13	0:00:00	0:00:00	11:12:43.3	
9	59	Richard Wilson	M	Unattached	ISO_FFF_2016	22:18	22:18	24:11	23:27	24:22	25:53	24:59	25:25	3:12:52	6:35	3:41:05	7:47	58:20	1:04:42	1:08:02	1:09:58	4:20:51	0:00:00	0:00:00	11:14:48.3	
10	2	Clenell Collingwood	M	Cambridge Triathlon Club	ISO_FFF_2016	22:42	24:02	23:44	25:42	24:45	26:26	25:39	27:01	3:20:01	7:34	3:15:38	4:45	1:00:28	1:09:14	1:22:09	1:18:10	4:49:54	0:00:00	0:00:00	11:25:32.9	
11	46	Martyn Brunt	M	David Watson Coaching / Ride Coventry	ISO_FFF_2016		44:57	23:00	24:35	25:06	26:10	25:39	26:34	3:31:44	6:02	3:31:44	6:02	1:02:39	1:09:38	1:16:10	1:20:02	4:48:38	0:00:00	0:01:03	11:37:24.7	
12	28	Christophe Gregoire	M	Unattached	ISO_FFF_2016		53:12		57:14	29:46	29:07		1:05:18	3:54:57	8:35	3:28:05	7:51	57:17	59:34	1:07:40	1:12:25	4:16:55	0:00:35	0:02:51	11:43:23.2	
13	43	Alex Begg	M	Wendels CC	ISO_FFF_2016		22:24	23:39	23:30	23:57	24:11	24:05	23:52	3:07:29	6:40	3:31:19	5:40	1:14:29	1:20:34	1:19:47	1:21:31	5:13:17	0:01:48	0:00:45	11:54:08.7	
14	31	Colin McKernan	M	Glasgow Triathlon Club	ISO_FFF_2016	23:44							2:18:21	3:40:50	6:28	4:00:09	4:05	53:45	57:54	1:09:54	1:12:21	4:13:55	0:00:00	0:00:00	12:01:16.1	
15	5	Michael Billups	M	Farnham Triathlon Club	ISO_FFF_2016	23:47	25:02	27:01	27:30	27:25	27:45	27:38	3:26:22	3:32:31	6:39	3:52:37	3:46	1:09:59	1:09:49	1:13:42	1:10:15	4:34:38	0:00:10	0:00:00	12:01:16.9	
16	51	Barry Owen	M	Emlyn Runners	ISO_FFF_2016								3:08:19	1:06:55	4:15	3:59:17	3:18	1:05:00	1:03:47	1:06:42	1:11:25	4:34:33	0:03:00	0:00:00	12:10:14.5	
17	56	Mark Jackson	M	Bolton Triathlon Club	ISO_FFF_2016		48:42	26:07	26:41	25:23		54:05	29:42	3:30:41	7:13	3:41:56	4:37	1:05:58	1:13:49	1:20:31	1:22:37	5:02:48	0:00:00	0:00:00	12:15:25.8	
18	41	Adam John	M	Tenby Aces	ISO_FFF_2016		47:44	26:16	26:57	27:00	28:09	27:21	27:18	3:30:49	6:58	3:24:28	4:54	1:12:02	1:17:29	1:26:12	1:29:23	5:25:09	0:00:00	0:00:00	12:20:27.0	
19	10	Daniel Rayleigh	M	Tbc	ISO_FFF_2016			58:17	29:36	33:05	29:51	33:21	1:05:53	4:09:59	6:33	3:54:41	5:35	58:57	1:05:19	1:08:21	1:10:49	4:23:24	0:00:00	0:00:36	12:28:40.7	
20	4	Ian Freeman	M	Unattached	ISO_FFF_2016	27:06	27:29	29:10	30:35	33:09	32:57	34:47	4:05:59	6:38	3:26:59	4:45	1:03:50	1:05:19	1:22:21	1:29:39	5:00:54	0:00:00	0:00:00	12:33:52.0		
21	33	Gerard Evans	M	Unattached	ISO_FFF_2016	27:16		59:18	31:45	30:28	32:16		1:05:45	4:06:28	1:02	3:47:30	5:53	1:00:31	1:04:07	1:10:33	1:22:54	4:38:07	0:04:03	0:00:54	12:37:01.2	
22	47	Mark Baggott	M	Unattached	ISO_FFF_2016	25:22	27:18	27:06		58:21	30:54			3:16:55	5:10	3:40:13	7:11	1:10:19	1:13:50	1:21:06	1:21:10	5:06:24	0:01:20	0:02:12	12:41:15.2	
23	45	Steve Proud	M	Tri Northumberland	ISO_FFF_2016	20:32		1:04:58	22:27	22:30	22:38	21:35	25:48	1:11:4	3:39:51	5:08	1:10:47	1:23:51	1:30:26	2:07:15	6:12:21	0:03:14	0:00:08	12:50:12.9		
24	52	Lee Thompson	M	Tri Northumberland	ISO_FFF_2016	27:40		57:53	28:36	20:22	29:52	31:06	32:06	3:57:36	9:42	3:47:17	7:05	1:06:53	1:08:23	1:18:25	1:26:43	5:01:34	0:01:42	0:02:04	12:50:13.1	
25	22	Andrew Adamson	M	Tenby Aces	ISO_FFF_2016	22:38	24:47	25:28	27:09	26:36	28:14	27:34	29:01	3:32:07	6:45	3:21:37	4:07	1:14:11	1:27:23	1:31:57	1:43:18	5:57:21	0:00:00	0:00:00	12:51:07.2	
26	66	Anthony Tc Gerundini	M	Enduroam/Lincoln/Tritalk	ISO_FFF_2016	36:15	35:49		1:16:35	40:16			1:22:34	4:20:23	5:33	4:00:00	4:41	56:36	59:42	58:54	59:12	3:50:25	0:02:49	0:00:00	12:52:46.3	
27	3	Ian Farr	M	Fair More Than Fitness	ISO_FFF_2016	26:46	29:15		1:03:21				2:15:47	4:15:11	7:57	3:36:40	5:43	1:03:69	1:12:43	1:20:17	1:25:57	5:02:28	0:00:00	0:00:44	12:55:04.3	
28	40	Ian McBride	M	Lincsquad	ISO_FFF_2016	1:03:42	32:14	36:49					1:52:29	5:06:4	4:41	3:11:1	3:24:28	5:09	57:31	1:12:52	1:18:03	1:22:50	4:50:52	0:03:18	0:04:10	13:04:24.8
29	16	Robert Game	M	Cousley Wood Tri Club	ISO_FFF_2016	27:14				2:10:29			1:43:12	4:20:56	10:42	3:48:12	9:47	1:03:00	1:11:57	1:20:58	1:17:00	4:52:56	0:02:42	0:04:48	13:09:34.3	
30	12	Lucy Tomlinson	F	Ocean Lake Triathlon Club	ISO_FFF_2016	26:24	28:49	29:45	31:01	31:31	31:53		1:05:29	4:04:56	10:14	4:12:11	6:45	1:00:99	1:13:36	1:16:38	1:21:48	4:52:13	0:02:14	0:01:45	13:13:20.0	
31	27	Jon Rothery	M	Five Frogs	ISO_FFF_2016		51:14	26:44	27:34	28:05			1:28:22	3:42:00	11:00	3:56:39	7:12	1:07:12	1:19:40	1:37:08	1:34:25	5:38:09	0:03:01	0:02:13	13:20:21.2	
32	14	Simon Bunting	M	Lowestoft Road Runners	ISO_FFF_2016	26:42	29:14	30:19	31:20	32:03	32:03		1:04:37	4:06:20	16:26	4:06:45	13:18	1:02:15	1:09:32	1:20:17	1:21:40	4:53:31	0:08:26	0:08:19	13:23:16.4	
33	32	Stan Lewis	F	Emlyn Flyers	ISO_FFF_2016	24:13	25:42				1:48:00	28:02	26:24	3:32:24	8:49	4:12:33	5:12	1:12:55	1:24:30	1:36:07	1:51:23	6:04:56	0:00:49	0:00:12	13:50:54.2	
34	39	Tom Craig	M	South Wandsyde Masters Swimming Club	ISO_FFF_2016								1:07:23	4:15:24	12:21	4:13:01	9:28	1:05:02	1:13:27	1:31:46	1:23:18	5:13:34	0:04:23	0:04:28	13:50:58.7	
35	48	Nadine Nadine Pilkington	F	Wreccam Tri Club	ISO_FFF_2016	24:58	26:58	27:18	28:42	28:18	30:45	28:07	28:27	3:43:38	8:41	4:20:20	5:15	1:26:21	1:36:01	1:44:43	1:34:26	6:21:35	0:00:41	0:00:16	14:26:30.0	
36	63	DoUGlas Osborne	M	Rebel Runners Medway	ISO_FFF_2016			1:17:42	30:29		1:01:58		1:04:39	4:04:23	13:51	4:43:27	6:03	1:11:51	1:21:13	1:26:56	1:30:42	6:30:24	0:05:51	0:04:04	14:28:29.4	
37	11	Deborah Stevenson	F	Strawden Ac	ISO_FFF_2016	35:19			1:19:24	42:21	41:30	1:26:04	42:38	5:27:02	10:18	4:30:37	8:11	1:12:07	1:10:05	1:14:05	1:11:42	4:47:56	0:02:18	0:03:31	14:31:18.3	
38	6	Tim Lloyd-Johnston	M	Stourbridge Running Club	ISO_FFF_2016			1:25:30	34:14	32:19			1:40:37	4:12:29	10:42	4:35:19	8:41	1:13:12	1:26:18	1:46:58	1:28:57	5:55:31	0:02:44	0:03:41	14:34:17.2	
39	17	Louise Maguire	F	Emlyn Flyers	ISO_FFF_2016		25:16		54:28				1:33:43	3:53:40	9:33	4:06:58	2:40	1:25:32	1:36:49	1:41:47	1:50:46	6:34:31	0:00:00	0:00:00	14:34:17.8	
40	21	Carlton Coates	F	Tenby Aces	ISO_FFF_2016					2:38:13	59:40		1:46:23	4:24:36	1:00	3:59:37	6:54	1:16:25	1:26:30	1:43:19	1:45:48	6:11:54	0:03:01	0:01:52	14:34:59.0	
41	29	Caire Morrison	F	Tenby Aces	ISO_FFF_2016	25:50	28:26	29:17	30:04	28:53	30:42	30:27	29:51	3:53:34	6:29	4:23:23	8:20	1:20:42	1:30:52	1:38:25	1:49:57	6:19:58	0:02:05	0:01:21	14:40:21.0	
42	52	Peter Clayton	M	Tynemouth Ast Masters	ISO_FFF_2016	27:41	27:42	28:46	27:19	28:44	29:29	30:14	33:52	3:53:51	23:50	4:48:27	12:43	1:13:59	1:20:48	1:35:50	1:27:24	5:38:00	0:13:52	0:07:44	14:42:18.7	
43	62	John North	M	Tynemouth Ast Masters	ISO_FFF_2016		55:06						2:58:47	5:53:56	27:47	4:48:50	12:57	1:13:45	1:20:48	1:35:46	1:27:20	5:37:46	0:07:57	0:07:57	14:42:19.1	
44	53	Graeme Wilkinson	M	Tynemouth Ast Masters	ISO_FFF_2016		55:03		56:28		58:32		1:03:46	3:53:50	21:56	4:48:58	12:47	1:14:02	1:27:02	1:29:51	1:26:50	5:37:54	0:13:57	0:07:48	14:42:19.2	
45	54	Steve Turner	M	Tynemouth Ast Masters	ISO_FFF_2016		55:05			1:54:37	30:17		3:34:45	5:53:49	19:57	4:48:51	12:47	1:13:58	1:27:03	1:29:54	1:26:57	5:37:54	0:13:57	0:07:48	14:42:19.3	
46	42	Liam Tickle	M	Total Racing International	ISO_FFF_2016		58:59	32:30	34:45	34:00	33:10		1:10:44	4:24:01	16:45	3:55:49	17:54	1:23:58	1:16:28	1:44:03	1:41:44	6:06:15	0:08:45	0:12:52	14:47:39.2	
47	20	Nicola Coates	F	Tenby Aces	ISO_FFF_2016	26:09	28:10	28:30	30:04	29:14	</															

19	117	Vicky Heys	F	Clayton Harriers	ISO_HHH_2016			1:00:10.0		1:04:59.3				02:05:09.3	6:55.1	1:48:26.0	4:16.3	53:47.8	57:03.5			1:50:51	0:00:00	0:00:00	5:44:26.6	
20	147	Robert Brooks	M	Unattached	ISO_HHH_2016	24:52.4	25:35.7			52:51.6				01:43:19.7	8:44.1	1:51:18.6	3:16.7	1:04:25.0	1:07:21.2			2:11:46	0:00:44	0:00:00	5:47:08.7	
21	139	Gina Addis	F	Unattached	ISO_HHH_2016	24:48.4				1:22:43.3				01:47:31.7	9:06.7	1:54:54.3	2:55.7	1:01:33.8	1:05:39.6			2:07:13	0:00:00	0:00:00	5:49:39.6	
22	127	Nicholas Barton	M	Lancaster University Triathlon Club	ISO_HHH_2016	30:26.0	36:08.7	37:43.2		36:21.5				02:20:39.4	6:43.9	1:39:26.3	2:53.5	52:31.3	59:26.7			1:51:58	0:00:00	0:00:00	5:52:03.7	
23	116	Julia Hartley	F	Ribble Valley Tri Club	ISO_HHH_2016	29:54.8				1:36:01.1				02:05:55.9	6:10.3	1:48:35.0	4:08.5	57:05.0	1:00:39.3			1:57:44	0:00:00	0:00:00	5:52:15.2	
24	119	Peter Wright	M	Unattached	ISO_HHH_2016	26:32.5	29:01.4	30:43.7		32:32.4				01:58:50.0	6:22.7	1:52:14.9	3:03.5	1:00:42.1	1:07:03.6			2:07:46	0:00:23	0:00:00	5:59:13.2	
25	138	Matthew Hamer	M	Alhouse	ISO_HHH_2016	31:09.5		1:09:13.6		36:02.5				02:16:25.6	6:33.5	1:51:44.4	2:59.9	52:42.6	1:00:48.6			1:53:31	0:00:00	0:00:00	6:01:41.2	
26	113	David Monk	M	Plymouth Tri	ISO_HHH_2016	23:15.2	25:51.5	24:57.5		25:15.8				01:39:20.0	7:41.1	1:54:57.6	5:00.1	1:11:56.5	1:18:09.3			2:30:06	0:00:00	0:00:40	6:05:03.5	
27	149	Nicki Maskell	F	Unattached	ISO_HHH_2016	29:29.1				1:35:45.5				02:05:16.6	5:33.0	2:01:23.6	3:09.6	56:53.1	1:01:31.8			1:58:25	0:00:00	0:00:00	6:05:05.1	
28	106	Gina Stanley	F	Unattached	ISO_HHH_2016					1:58:55.5				01:58:55.5	8:22.1	1:52:28.9	4:57.8	1:14:39.2	1:03:15.2			2:17:54	0:00:22	0:00:00	6:09:41.2	
29	111	Darren McWalters	M	Unattached	ISO_HHH_2016	28:15.1	33:05.1			1:01:52.1				02:03:12.3	8:39.7	1:49:09.4	4:01.1	1:08:12.3	1:11:39.4			2:19:52	0:00:40	0:00:00	6:12:53.0	
30	123	Stuart Baker	M	Unattached	ISO_HHH_2016	32:16.8	38:20.3	37:03.3		39:54.3				02:27:34.7	8:27.4	2:10:36.3	3:29.9	37:29.6	1:03:05.7			1:40:35	0:00:27	0:00:00	6:19:13.6	
31	142	Chris Dean	M	Tri Crispy Poppadum	ISO_HHH_2016	29:54.8				1:40:09.1				02:10:03.9	9:03.7	2:05:48.0	4:19.4	59:51.8	1:04:17.5			2:04:09	0:00:03	0:00:00	6:20:04.5	
32	146	Alan Jones	M	Tem Valley Tri	ISO_HHH_2016	29:47.9				1:32:47.4				02:02:55.3	8:24.0	1:51:26.4	3:09.1	1:08:54.1	1:18:00.1			2:26:54	0:00:00	0:00:00	6:20:56.1	
33	141	Christian Ward	M	East Essex Triathlon Club	ISO_HHH_2016	27:23.9	29:10.8	29:57.6		31:51.1				01:58:24.4	7:45.1	2:05:08.6	5:14.8	1:01:12.5	1:04:28.6			2:05:41	0:00:00	0:00:14	6:21:17.4	
34	110	Vicki Lewis	F	Unattached	ISO_HHH_2016	23:34.1	24:59.7			52:29.2				01:41:03.0	8:48.1	1:48:06.4	2:34.9	1:18:05.6	1:24:08.6			2:42:14	0:00:00	0:00:00	6:31:23.6	
35	104	Richard Ewers	M	Tem Valley Tri	ISO_HHH_2016	31:49.6	33:54.1	36:49.3		32:29.4				02:16:03.4	8:27.8	1:48:46.1	3:33.2	1:08:26.0	1:23:29.2			2:31:55	0:00:28	0:00:00	6:37:11.4	
36	129	Sue Little	F	Deal Tri	ISO_HHH_2016	31:07.7		1:11:34.6		35:39.7				02:18:22.0	8:30.8	2:08:21.7	6:10.3	59:22.0	1:03:37.1			2:02:59	0:00:31	0:01:10	6:38:23.6	
37	132	Jose Manuel Gonzalez-Gil	M	Unattached	ISO_HHH_2016	29:01.6				1:36:10.0				02:05:11.6	7:37.5	2:29:30.3	3:21.7	1:05:12.8	1:00:53.7			2:06:07	0:00:00	0:00:00	6:40:48.4	
38	128	Tom Stell	M	Hampstead Triathlon	ISO_HHH_2016			1:49:16.2		39:58.5				02:29:14.7	10:52.1	2:22:03.7	2:05.6	52:41.6	58:27.1			1:51:09	0:02:52	0:00:00	6:45:19.1	
39	153	Brett Horton	M	Team Bear	ISO_HHH_2016			1:45:49.9		35:49.8				02:21:39.7	12:24.6	1:47:27.1	6:52.2	1:09:49.2	1:21:07.4			2:30:57	0:04:25	0:01:52	6:46:20.1	
40	102	Set Stephen Barr	M	Farnham Triathlon Club	ISO_HHH_2016	28:53.1				1:33:55.9				02:02:49.0	9:13.9	2:12:12.1	5:11.0	1:12:38.0	1:21:36.1			2:34:14	0:01:14	0:00:00	6:50:40.0	
41	103	Sarah Bruce-Green	F	Bridgton Cona Testa Triathlon Team	ISO_HHH_2016			1:50:40.5		41:33.7				02:32:14.2	6:49.6	2:12:34.8	4:56.2	1:02:08.6	1:06:06.3			2:08:15	0:00:00	0:00:00	6:53:03.9	
42	105	James Araya-Uren	M	Unattached	ISO_HHH_2016			1:44:26.1		37:47.4				02:22:13.5	9:51.5	2:06:54.8	4:21.9	1:18:39.3	1:19:55.2			2:38:35	0:01:51	0:00:00	7:09:34.2	
43	122	Ian Portingale	M	North Bristol Triathlon Club	ISO_HHH_2016	25:07.0	27:20.2			55:14.4				01:47:41.6	11:15.7	2:16:54.3	6:58.2	1:20:17.9	1:47:14.5			3:07:32	0:03:16	0:01:58	7:17:22.1	
44	101	Fran Brown	F	Unattached	ISO_HHH_2016	26:47.3	28:14.6	28:19.3		28:00.1				01:51:21.3	16:31.2	2:50:22.9	7:59.1	1:09:45.8	1:17:34.5			2:27:20	0:08:31	0:02:59	7:20:34.7	
45	143	Amanda Knight	F	Coventry Triathletes	ISO_HHH_2016		1:26:35.7	46:10.5		46:32.7				02:59:18.9	8:41.1	2:16:46.3	8:01.0	1:09:46.6	1:09:26.5			2:19:13	0:00:42	0:00:01	7:36:01.1	
46	109	Karen Bayliss	F	Pembrokeshire Triathlon Club	ISO_HHH_2016	1:08:43.0	36:05.4	35:28.5						02:20:16.9	12:29.0	2:20:37.5	5:38.6	1:25:48.1	1:30:03.3			2:55:51	0:04:30	0:00:36	7:41:51.2	
47	124	Cynthia Reader	F	Bicester Triathlon Club	ISO_HHH_2016	36:21.9		1:17:40.6		40:57.5				02:35:00.0	9:36.0	2:23:20.8	7:52.5	1:25:06.8	1:44:29.2			3:09:36	0:01:26	0:02:33	8:11:55.2	
DNF	126	Stuart Mackay	M	Triathlon Redditch	ISO_HHH_2016	20:33.3	44:24.3							DNF	35:56.1	1:37:40.3	7:43.5					DNF	0:27:56	0:02:44	DNF	
DNF	131	Carlos Arrebola Rodriguez	M	Cambridge University Triathlon Club	ISO_HHH_2016	30:22.6		1:12:16.0		37:02.3				02:19:40.9									DNF	0:00:00	0:00:00	DNF
DNF	151	Kathryn Berry	F	Tri Camp Tin Tri	ISO_HHH_2016	22:34.9	23:43.6	24:54.0		25:21.5				1:36:34.0	6:55.0	1:38:54.6	3:51.7	53:58.5					DNF	0:00:00	0:00:00	DNF
DNF	118	Lourens Pieterse	M	Unattached	ISO_HHH_2016									DNF									DNF			DNF
DNF	120	Dan Owen	M	Unattached	ISO_HHH_2016									DNF									DNF			DNF
DNF	125	Grania Bromley	F	Unattached	ISO_HHH_2016									DNF									DNF			DNF

ISOMAN QUARTER

Position	Rank	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME
1	263	Gareth Hall	M	Newport And East Wales Triathlon	ISO_QQQ_2016	23:52.7	25:33.3							0:49:24.0	5:58.6	44:11.5	4:31.4	44:12.1			0:44:12	0:00:00	0:00:00	2:17:47.7
2	230	Nick Fulton	M	Unattached	ISO_QQQ_2016	19:02.6	20:17.1							0:39:19.7	9:03.3	55:10.6	3:46.8	48:02.8			0:48:03	0:00:00	0:00:00	2:22:33.1
3	202	Ian Hughes	M	Buskinin	ISO_QQQ_2016	21:57.9	0:22:16.3							0:44:14.2	8:56.8	47:52:12.3	4:30.8	50:43.3			0:50:43	0:00:00	0:00:00	2:22:50.7
4	225	Pete Kirk	M	Zoom	ISO_QQQ_2016	21:19.9	22:42.3							0:44:02.2	6:41.4	48:22.9	4:28.3	55:44.8			0:55:45	0:00:00	0:00:00	2:28:09.9
5	250	Rachel Kirkwood	F	Stratford On Avon Tri	ISO_QQQ_2016	23:40.2	24:10.7							0:47:50.9	5:28.5	50:03.4	2:59.6	52:11.1			0:52:11	0:00:00	0:00:00	2:30:05.4
6	245	James Chapman	M	Triks	ISO_QQQ_2016	24:26.1	24:39.1							0:49:05.2	7:44.0	49:23.9	3:13.0	51:53.5			0:51:53	0:00:00	0:00:00	2:30:22.6
7	257	Raimund Wahlen	M	Unattached	ISO_QQQ_2016		52:18.9							0:52:18.9	4:21.8	49:31.5	1:44.3	50:36.8			0:50:37	0:00:00	0:00:00	2:32:27.2
8	207	James Hadley	M	City Of Chester Triathlon Club	ISO_QQQ_2016	27:46.9	26:38.6							0:54:25.5	7:18.7	48:37.2	4:15.0	49:33.7			0:49:34	0:00:00	0:00:00	2:32:36.4
9	241	Ian Moser	M	Rugby Triathlon Club	ISO_QQQ_2016		56:42.1							0:56:42.1	7:37.1	49:12.6	4:31.8	48:00.3			0:48:00	0:00:00	0:00:00	2:33:55.0
10	267	Dean Hands	M	Unattached	ISO_QQQ_2016	27:39.2	30:44.2							0:58:23.4	4:59.1	47:49.7	3:52.0	49:34.5			0:49:34	0:00:00	0:00:00	2:35:47.6
11	236	James Purdy	M	Jp Massage Therapy	ISO_QQQ_2016	27:46.9	29:00.8							0:56:47.7	3:08.8	47:50.8	1:32.4	55:35.8			0:55:36	0:00:00	0:00:00	2:40:14.3
12	213	Gary Hawkesford	M	BRAT	ISO_QQQ_2016	26:31.0	28:28.1							0:54:59.1	7:01.3	53:59.9	3:09.0	53:03.7			0:53:04	0:00:00	0:00:00	2:42:02.7
13	252	Sarah Arnold	F	Cov Tri	ISO_QQQ_2016	25:33.7	26:27.8							0:52:01.5	7:29.4	54:14.6	4:22.3	56:39.6			0:56:40	0:00:00	0:00:00	2:42:55.7
14	243	Richard Tomlinson	M	Medway & Maidstone A	ISO_QQQ_2016	33:47.9	34:20.8							1:08:08.7	7:06.0	51:55.9	4:31.5	43:08.5			0:43:08	0:00:00	0:00:00	2:43:13.1
15	269	William Webb	M	Unattached	ISO_QQQ_2016	23:57.1	24:54.2							0:48:51.3	6:36.0	55:40.7	4:56.2	1:01:41.3			1:01:41	0:01:38	0:00:00	2:47:51.2
16	249	Jim Watson	M	Unattached	ISO_QQQ_2016	29:51.0	32:07.2							1:01:58.2	7:45.2	49:53.2	3:12.6	57:04.3			0:57:04	0:00:00	0:00:00	2:48:55.7
17	260	Erika Malein	F	Tenby Aces	ISO_QQQ_2016	23:43.7	25:00.0							0:48:43.7	7:26.0	1:04:58.0	9:27.1	57:12.3			0:57:12	0:00:00	0:00:00	2:50:51.0
18	218	Simon Newman	M	Bourneville Harriers	ISO_QQQ_2016		1:08:38.4</																	

48	256	David Tolley	M	Unattached	ISO_QQQ_2016	32:35.9	32:03.8							1:04:39.7	6:12.0	53:20.0	2:16.8	1:25:31.9								1:25:32	0:00:00	0:00:00	3:23:31.8	
49	239	Alex Campbell	F	Portsmouth Triathletes	ISO_QQQ_2016	31:00.3	31:34.5							1:02:34.8	5:43.0	1:02:36.7	3:39.3	1:20:35.0									1:20:35	0:00:00	0:00:00	3:25:46.5
50	209	Zoe Payne	F	Greenlight PT	ISO_QQQ_2016	35:44.8	36:45.9							1:12:30.7	6:23.0	1:06:49.6	5:01.8	1:06:08.4									1:06:08	0:01:23	0:00:02	3:26:53.9
51	237	David Pearson	M	Unattached	ISO_QQQ_2016	37:32.9	37:50.9							1:15:23.8	10:45.0	58:00.8	4:00.0	1:11:24.0									1:11:24	0:02:45	0:00:00	3:27:34.0
52	212	Scott Webber	M	Unattached	ISO_QQQ_2016	40:08.2	41:53.6							1:22:01.8	5:03.7	55:12.2	3:00.8	1:17:21.3									1:17:21	0:00:00	0:00:00	3:34:35.3
53	203	Frank Maskell	M	Boxfit Tri	ISO_QQQ_2016	0:00.0	1:27:18.1							1:27:18.1	13:21.6	58:11.9	4:21.0	1:07:54.1									1:07:54	0:05:22	0:00:00	3:38:45.6
54	251	Chris Wills	M	BRAT	ISO_QQQ_2016	40:40.4	43:21.6							1:24:02.0	7:37.0	1:13:36.3	4:54.1	1:03:48.9									1:03:49	0:00:00	0:00:00	3:41:27.2
55	264	Gemma Worgan	F	Meynall Valley Hunters	ISO_QQQ_2016	39:27.4	44:51.8							1:24:19.2	11:39.0	1:03:59.1	4:10.0	1:10:23.5									1:10:24	0:03:40	0:00:00	3:42:21.5
56	232	William Mead	M	Unattached	ISO_QQQ_2016	37:06.7	39:35.5							1:16:42.2	10:44.0	1:00:02.6	4:32.0	1:25:20.9									1:25:21	0:02:45	0:00:00	3:44:50.4
57	235	Jack Rivers	M	Riverside Runners	ISO_QQQ_2016	31:59.2	33:09.8							1:05:09.0	8:30.7	1:11:21.0	4:23.0	1:32:36.5									1:32:36	0:00:30	0:00:00	3:49:36.6
58	255	Christine Lloyd	F	Tewkesbury Triathlon Club	ISO_QQQ_2016	36:01.0	37:52.3							1:13:53.3	7:01.0	1:17:07.5	3:21.0	1:19:07.4									1:19:07	0:00:00	0:00:00	3:50:08.2
59	215	K Sheikh	M	Unattached	ISO_QQQ_2016	39:23.6	42:37.7							1:22:01.3	15:36.0	1:36:00.5	13:29.4	1:45:12.6									1:45:13	0:07:37	0:08:29	4:59:20.3
DNF	224	Rachel Gillingham	F	Unattached	ISO_QQQ_2016									56:05.7	21:30.0												DNF			DNF
DNF	201	Kay Swile	F	Unattached	ISO_QQQ_2016									DNF													DNF			DNF
DNF	205	Jessie Fowler	F	Unattached	ISO_QQQ_2016									DNF													DNF			DNF
DNF	206	Duncan Thomas	M	Unattached	ISO_QQQ_2016									DNF													DNF			DNF
DNF	208	Jordan Brogan	F	Unattached	ISO_QQQ_2016									DNF													DNF			DNF
DNF	211	Ruth Crawford	F	Unattached	ISO_QQQ_2016									DNF													DNF			DNF
DNF	220	Georgie Davin	F	Unattached	ISO_QQQ_2016									DNF													DNF			DNF
DNF	221	Tracy Markham	F	Unattached	ISO_QQQ_2016									DNF													DNF			DNF
DNF	223	Kate Southern	F	Unattached	ISO_QQQ_2016									DNF													DNF			DNF
DNF	233	Adrian Kennett	M	Unattached	ISO_QQQ_2016									DNF													DNF			DNF
DNF	242	Brian Weetman	M	Unattached	ISO_QQQ_2016									DNF													DNF			DNF
DNF	247	Laura Pacey	F	Unattached	ISO_QQQ_2016									DNF													DNF			DNF

Aquabike Full

Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME						
	1	280	Samantha Edvardson	F	Darlington Triathlon Club	AQU_FF_2016			1:50:58.9	28:20.5				1:27:12.2	3:46:31.6	12:21.4	4:22:34.8										0:04:21	0:00:00		8:13:27.7	
	2	281	Sarah Nimmo	F	Glenrothes Triathlon Club	AQU_FF_2016	55:08.4	27:49.7	30:15.8	28:32.9	29:16.1	28:57.7	32:02.1	3:52:02.7	15:51.0	4:55:38.8											0:07:52	0:00:00		8:55:33.0	
	DNF	279	Nick Overton	M	Bok Masters	AQU_FF_2016	51:22.0	26:10.5		55:26.1	28:26.3	28:18.5	30:14.5	3:39:57.9	16:36.1	DNF														DNF	
	1	282	Rebecca Herbert	F	Unattached	AQU_FH_2016	22:27.7	23:13.6	25:13.2	24:50.4	25:35.9			1:18:42.1	3:20:02.9	7:45.1	2:20:59.1											0:00:00	0:00:00		5:41:02.0

Aquabike Quarter

Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME							
	1	270	Julie Cushion	F	Unattached	AQU_QQ_2016	0:58:03.9								0:58:03.9	7:37.7	1:15:19.4												0:00:00	0:00:00		2:13:23.3

Duathlon Full

Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME					
	1	285	Allan Maguire	M	Newcastle Emlyn Flyers	DUA_FF_2016										3:41:29.4	3:39.0	1:18:54.1			2:44:29.4	1:15:05.2	5:54:28.7			0:00:00	0:00:31		9:36:28.7	
	DNF	284	karen archbold	F	Unattached	DUA_FF_2016									DNF		DNF													DNF

Duathlon Half

Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME				
	1	276	Anthony Timbrell	M		DUA_HH_2016										2:00:36.3	3:56.0	0:59:50.3	1:15:20.0				2:15:10.3	0:00:00	0:00:00				4:15:46.6

Duathlon Quarter

Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME				
	1	274	Phil Brush	M		DUA_QQ_2016										0:51:05.1	3:18.5	0:46:33.9					0:46:33.9	0:00:00	0:00:00				1:37:39.0
	2	273	Erica Martin	F	Bighorn Phoenix Tri Club	DUA_QQ_2016										0:52:31.1	1:38.3	0:45:43.9					0:45:43.9	0:00:00	0:00:00				1:38:15.0
	3	272	Suz West	F	Redditch Tri Club	DUA_QQ_2016										1:03:42.8	1:09.7	0:50:41.3					0:50:41.3	0:00:00	0:00:00				1:54:24.1
	4	271	Colin Stanford	M	Temé Valley Tri	DUA_QQ_2016										1:03:33.4	4:05.1	1:04:11.7					1:04:11.7	0:00:00	0:00:00				2:07:45.1

Isoman Full Relay

Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME					
	1	304	David Ireland,Rebecca Bloodworth,Tim Nelson	Mix	Bolton Triathlon Club	ISO_FFF_RLY_2016	46:12.4	24:05.7	26:31.7	25:06.6	26:27.9	25:00.9	25:29.7		03:18:54.9	5:03.3	3:13:09.9	1:46.4	52:13.9	55:18.6	1:08:39.5	1:15:35.2	4:11:47.2	0:00:00	0:00:00				10:43:52.0	
	2	301	Steve Dickens,Simon Smith,Jain Downie	Mix	Breckland Bullets	ISO_FFF_RLY_2016	1:08:30.6	23:52.3	25:57.4	26:05.4	25:58.8	25:15.2			03:15:39.7	4:43.4	2:48:42.3	2:10.9	1:01:50.3	1:02:55.2	1:11:12.8	1:26:12.4	4:42:10.7	0:00:00	0:00:00				10:46:32.7	
	3	302	Helen Black,Siobhan Williamson,Joanne Kibble	Mix	Unattached	ISO_FFF_RLY_2016	26:01.3	27:20.1	28:33.7	29:37.2	32:12.8	33:31.5	34:42.4	33:09.7	04:05:08.7	6:41.5	4:00:30.6	2:06.3	58:51.3	1:06:23.1	1:13:12.1	1:17:49.0	4:36:15.5	0:00:00	0:00:00				12:41:54.8	
	4	303	Shaun Fleming,Eva Fleming,Jason Baker	Mix	Unattached	ISO_FFF_RLY_2016									3:42:11.6	03:42:11.6	5:48.2	5:10:28.6	2:16.8	1:07:36.2	1:14:55.6	1:31:33.8	1:34:06.9	5:28:12.5	0:00:00	0:00:00				14:20:52.7

Isoman Half Relay

Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME					
	1	307	Suzanne Roper,Holly Grand,Fiona Wright	Mix	Unattached	ISO_HHH_RLY_2016	31:13.2		1:07:29.5	36:58.6					02:15:41.3	5:25.7	1:57:50.3	1:46.5	1:09:26.8		1:16:57.7				2:26:24.5	0:00:00	0:00:00		6:39:56.1	
	DNF	306	Ruth Kennedy-Green	F	Unattached	ISO_HHH_RLY_2016									DNF		DNF													DNF

Isoman Quarter Relay

Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME					
	1	310	Robert Hewston,Matthew Hewston,Emma Hewston	Mix	Unattached	ISO_QQQ_RLY_2016	30:23.1	31:21.8							01:01:44.9	6:04.7	1:13:37.0	7:04.6	1:04:41.8					1:04:41.8	0:00:00	0:02:05				3:22:08.3
	2	309	Dave Kings,Andrew Kings,Katie Rea	Mix	Unattached	ISO_QQQ_RLY_2016	32:47.5	33:34.4							01:06:21.9	4:15.3	1:06:16.2	2:50.4	1:27:38.9					1:27:38.9	0:00:00	0:00:00				3:40:17.0

Isoman Mix

Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)
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2	288	Matt Hope	M	Unattached	ISO_QFH_2016	1:06:49.8													1:06:49.8	9:34.7	3:44:37.9	3:05.6						2:15:09.1	0:01:35	0:00:00	7:08:11.4	
3	289	Steven Dawson	M	Unattached	ISO_QFH_2016	1:12:20.4													1:12:20.4	10:15.1	4:08:31.4	6:18.1						2:43:37.2	0:02:16	0:01:18	8:08:02.6	
DNF	277	Dan Richardson	M	Unattached	ISO_QH_2016														DNF		DNF										DNF	
1	291	Paul Williams	M	Emlyn Flyers	ISO_FFH_2016	26:39.2	28:42.8	28:43.2	27:51.4										1:51:56.6	9:03.7	3:34:49.7	5:19.3	1:25:04.0	1:30:28.6				2:55:33.0	0:01:03	0:00:19	8:23:41.7	
DNF	290	Jonathan MacLaren	M	Tynemouth Asc Masters	ISO_FFH_2016	27:35.9	27:34.2	30:35.6	30:36.9	29:47.5	29:25.2	30:03.6	28:58.3	3:54:37.2	2:11:10.2					DNF		DNF										DNF
1	275	Robert Osborn	M	Coalville Triathlon Club	ISO_FQC_2016	26:53.7		1:00:12.6		1:08:29.9			1:42:55.2	4:18:31.4	9:03.5	5:30:25.5	4:49.1	1:02:40.6										1:02:40.6	0:01:03	0:00:00	6:15:17.9	

Isoman Full Swim

Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME						
1	332	Andrew Wells	M	Oxford Open Water	SWM_F_2016	21:03.1	21:46.7	22:06.2	22:33.5	22:18.7	22:31.1	22:36.5	22:48.1	2:57:44.4															0:00:00	0:00:00	2:57:44.4
2	336	Rebecca Garlick	F	Unattached	SWM_F_2016	22:34.2	22:37.7	24:59.8	24:38.8	25:01.2	24:30.3	24:45.6	24:54.2	3:14:01.9															0:00:00	0:00:00	3:14:01.9
3	350	Stuart Grant	M	Taff Ely Triathlon Club	SWM_F_2016	22:19.3	23:56.3	25:04.2	24:23.7	26:02.1			58:43.9	3:10:15.5															0:00:00	0:00:00	3:10:15.5
4	341	Emma Smith	F	Unattached	SWM_F_2016	25:15.2	25:53.8	25:05.6	26:49.3	26:37.3	28:10.1	28:05.3	29:03.1	3:35:00.1															0:00:00	0:00:00	3:35:00.1
5	339	Ellen Taylor	F	Epsom	SWM_F_2016	24:47.2	26:49.7	26:18.5	26:19.4	27:44.2	28:10.0	27:59.0	27:42.1	3:35:50.2															0:00:00	0:00:00	3:35:50.2
6	338	Sophie Hill	F	City Of Oxford Masters	SWM_F_2016	24:36.0	26:08.1	26:36.9	27:05.4	28:42.3	28:26.2	27:33.7	3:35:50.0																0:00:00	0:00:00	3:35:50.0
7	333	Daniel Riches	M	Unattached	SWM_F_2016	23:11.8	24:50.2	25:10.2	28:08.4	28:00.7	31:01.6	29:51.3	30:19.8	3:40:34.4															0:00:00	0:00:00	3:40:34.4
8	351	Peter Shanley	M	Vale Sea Swimmers	SWM_F_2016	25:51.2	27:27.3	29:09.9	27:16.0	28:59.2	28:33.6		59:33.7	3:46:51.2															0:00:00	0:00:00	3:46:51.2
9	345	Clive Williams	M	Unattached	SWM_F_2016	23:12.7	32:29.8	28:31.9	28:16.3	28:29.5	28:47.2	29:54.8	28:27.5	3:48:09.7															0:00:00	0:00:00	3:48:09.7
10	330	Kate Hutchings	F	Bicester Triathlon Club	SWM_F_2016	26:50.8			1:23:48.3	29:59.3	29:23.7		58:58.7	3:49:01.0															0:00:00	0:00:00	3:49:01.0
11	343	Adrian Russell	M	Tewkesbury Triathlon Club	SWM_F_2016	29:45.2	32:16.4	33:30.3	1:08:20.4	58:30.7			30:48.1	4:13:11.1															0:00:00	0:00:00	4:13:11.1
12	340	Ian Davies	M	Unattached	SWM_F_2016									4:13:16.0														0:00:00	0:00:00	4:13:16.0	
13	342	Andy Cropley	M	Boxfit Tri	SWM_F_2016	28:46.5	30:12.2	30:08.1	31:38.8	31:57.0	32:21.9		1:08:34.6	4:13:39.3															0:00:00	0:00:00	4:13:39.3
14	334	Kathy Findlay	F	Unattached	SWM_F_2016	31:00.8	35:15.6	31:16.5	34:29.4	31:05.5	34:56.5	31:11.8	32:09.8	4:21:26.0															0:00:00	0:00:00	4:21:26.0
15	348	Cath Pendleton	F	Unattached	SWM_F_2016	30:48.4	32:12.6	34:37.4	33:11.8	34:20.8	32:58.6	32:51.1	32:01.5	4:23:02.5															0:00:00	0:00:00	4:23:02.5
16	347	Helen James	F	Barrow Runners	SWM_F_2016	30:51.2	31:56.5	33:29.8	33:14.7	34:54.4	34:37.0	36:25.6	34:26.6	4:29:56.2															0:00:00	0:00:00	4:29:56.2
17	337	Jeffrey Mosforth	M	Triathlon Redditch	SWM_F_2016	32:19.7	31:21.2	32:05.1	32:24.9	35:32.9			1:11:40.1	34:37.6	4:32:41.6														0:00:00	0:00:00	4:32:41.6
18	7	Steve Kerr	M	Boxfit Tri	SWM_F_2016	30:45.7	32:28.4	34:57.9	35:14.0	35:31.6	37:06.6		1:15:08.6	4:40:48.6															0:00:00	0:00:00	4:40:48.6
19	65	Wku Brice	F	Torfaen Triathlon	SWM_F_2016	32:15.1	33:04.9	34:50.0	35:05.0	36:45.0	36:12.9	37:06.7	35:36.6	4:40:56.4															0:00:00	0:00:00	4:40:56.4
20	349	Pauline Barker	F	DevonAnd Cornwall Wild Swimming	SWM_F_2016	32:51.6	35:14.6	36:17.2	38:26.9	37:45.0	38:48.6	38:39.9	37:58.4	4:56:02.6															0:00:00	0:00:00	4:56:02.6
DNF	335	Jo Maddocks	M	Unattached	SWM_F_2016		1:05:50.2							DNF															0:00:00	0:00:00	DNF
DNF	344	Jim Kersey	M	Unattached	SWM_F_2016									DNF															0:00:00	0:00:00	DNF
DNF	346	Dean Redfearn	M	Unattached	SWM_F_2016									DNF															0:00:00	0:00:00	DNF

Isoman Half Swim

Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME						
1	357	Derek Bissett	M	Unattached	SWM_H_2016	20:23.5	22:12.6		44:44.2					1:27:20.3														0:00:00	0:00:00	1:27:20.3	
2	360	Simon Wilks	M	Unattached	SWM_H_2016	24:36.3	27:10.3	25:33.4	28:54.4					1:46:14.5															0:00:00	0:00:00	1:46:14.5
3	355	Victor Hutter	M	Unattached	SWM_H_2016	27:02.6	29:40.3	28:31.4	29:07.5					1:54:21.9															0:00:00	0:00:00	1:54:21.9
4	154	Hannah Morgan	F	Unattached	SWM_H_2016	27:33.8	30:07.0		58:54.1					01:56:34.9															0:00:00	0:00:00	1:56:34.9
5	352	Harry Phelps	M	New Eltham Joggers	SWM_H_2016	28:19.2	29:17.4	30:28.9	31:31.1					1:59:36.8															0:00:00	0:00:00	1:59:36.8
6	354	Maria Dineen	F	Malvern Triathlon Club	SWM_H_2016	28:24.9	31:55.7	34:51.3	33:21.7					2:08:33.7															0:00:00	0:00:00	2:08:33.7
7	363	Steve Daniels	M	Unattached	SWM_H_2016	30:05.4	31:24.7		1:10:30.3					2:12:00.4															0:00:00	0:00:00	2:12:00.4
8	156	Rosalind Edmonds	F	Unattached	SWM_H_2016	27:35.0			1:46:54.5					2:14:29.5															0:00:00	0:00:00	2:14:29.5
9	353	Sandy Bebbington	F	Whitchurch Tri Club	SWM_H_2016	32:27.9	33:51.8	35:59.7	36:04.6					2:18:24.0															0:00:00	0:00:00	2:18:24.0
10	361	Kimberley Bills	F	Worcester Triathlon Club	SWM_H_2016	32:39.3	33:51.3	38:52.7	35:53.4					2:21:16.8															0:00:00	0:00:00	2:21:16.8
11	362	Andrea Winkless	F	Unattached	SWM_H_2016	34:36.8			1:14:53.1	39:12.4				2:28:42.3															0:00:00	0:00:00	2:28:42.3
12	365	Helen Jones	F	Unattached	SWM_H_2016									2:34:24.0															0:00:00	0:00:00	2:34:24.0
DNF	356	Richard Miles	M	Unattached	SWM_H_2016									DNF															0:00:00	0:00:00	DNF
DNF	358	Neil Kingston	M	Unattached	SWM_H_2016									DNF															0:00:00	0:00:00	DNF
DNF	359	Karen Laing	F	Unattached	SWM_H_2016									DNF															0:00:00	0:00:00	DNF
DNF	364	ANDRWE WATERS-PEACH	M	Unattached	SWM_H_2016									DNF															0:00:00	0:00:00	DNF

Isoman Quarter Swim

Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME						
1	374	Lorraine Dumont	F	Triathlon Redditch	SWM_Q_2016	23:46.1	25:34.8							49:20.9														0:00:00	0:00:00	0:49:20.9	
2	376	David Withers	M	Unattached	SWM_Q_2016	25:01.3	25:24.1							50:25.5															0:00:00	0:00:00	0:50:25.5
3	377	Jeff Rees	M	Unattached	SWM_Q_2016	29:52.1	31:05.0							1:01:57.1															0:00:00	0:00:00	1:01:57.1
4	369	Owen Mark	M	Unattached	SWM_Q_2016	31:00.9	31:50.5							1:02:51.4															0:00:00	0:00:00	1:02:51.4
5	378	Nathan Smith	M	BRAT	SWM_Q_2016	32:45.3	34:03.3																								

Isoman Quarter Bike																										
Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME	
1	329	Julie Brown	F	Redditch Tri Club	Blk_Q_2016											1:06:21.50							0:00:00	0:00:00	1:06:21.50	
DNF	440	Steph Elliot	F	Unattached	Blk_Q_2016											DNF									DNF	

Isoman Full Run																										
Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME	
1	392	Mark Carwardine	M	Centurion Running Club	RUN_F_2016													43:00.2	44:10.8	44:06.1	47:16.6	2:58:33.8	0:00:00	0:00:00	2:58:33.8	
2	382	Paul Davies	M		RUN_F_2016													43:00.2	44:10.7	45:20.7	56:43.9	3:09:15.7	0:00:00	0:00:00	3:09:15.7	
3	394	Joe Welch	M		RUN_F_2016													45:28.0	46:44.0	48:59.0	52:37.5	3:13:48.6	0:00:00	0:00:00	3:13:48.6	
4	391	Thomas Green	M	Mersey Tri	RUN_F_2016													43:58.3	45:00.8	48:35.3	58:20.4	3:15:55.0	0:00:00	0:00:00	3:15:55.0	
5	390	David Hughes	M		RUN_F_2016													45:55.9	46:16.2	49:51.6	58:07.5	3:20:11.4	0:00:00	0:00:00	3:20:11.4	
6	386	Andy Taylor	M		RUN_F_2016													50:23.3	51:21.8	54:25.8	1:04:16.2	3:40:27.1	0:00:00	0:00:00	3:40:27.1	
7	387	Chris Murphy	M		RUN_F_2016													51:54.9	50:16.7	54:35.5	1:03:47.5	3:40:34.6	0:00:00	0:00:00	3:40:34.6	
8	381	Sunjay Bhogal	M	Striders of Croydon	RUN_F_2016													56:53.1	1:00:08.7	58:43.0	56:19.6	3:52:04.4	0:00:00	0:00:00	3:52:04.4	
9	398	Caroline Rodrick	F	BRATS	RUN_F_2016													55:47.5	58:05.5	59:26.8	1:03:44.5	3:57:04.3	0:00:00	0:00:00	3:57:04.3	
10	395	Anthony Davis	M	Unattached	RUN_F_2016																	3:59:19.2			3:59:19.2	
11	380	Steven Peters	M		RUN_F_2016													56:44.2	59:54.2	1:04:09.9	1:09:04.5	4:09:52.8	0:00:00	0:00:00	4:09:52.8	
12	396	Richard Guest	M		RUN_F_2016													54:13.9	58:01.2	2:34:48.6	0:56.0	4:27:59.7	0:00:00	0:00:00	4:27:59.7	
13	384	Daniel Holtom	M		RUN_F_2016													1:00:49.4	1:04:51.7	1:13:12.4	1:11:13.3	4:30:06.8	0:00:00	0:00:00	4:30:06.8	
14	383	Brian Passmore	M		RUN_F_2016													1:00:50.1	1:04:53.0	1:32:56.0	1:36:16.6	5:14:55.7	0:00:00	0:00:00	5:14:55.7	
15	393	Malcolm Brookes	M	100 Marathon Club	RUN_F_2016													1:26:44.8	1:35:58.7	1:49:39.1	1:54:29.8	6:46:52.6	0:00:00	0:00:00	6:46:52.6	
DNF	385	Colin Woodward	M	Unattached	RUN_F_2016																				DNF	
DNF	388	Eloise Goulding	F	Unattached	RUN_F_2016																				DNF	
DNF	389	David Phillips	M	Massey Ferguson RR Coventry	RUN_F_2016													1:17:23.3							DNF	
DNF	399	Ujjayini Choudhury	F	Swift	RUN_F_2016																				DNF	

Isoman Half Run																										
Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME	
1	405	Simon Rogers	M	Pensby Runners	RUN_H_2016													44:53.2	47:19.7			1:32:12.9	0:00:00	0:00:00	1:32:12.9	
2	403	Rob Barker	M		RUN_H_2016													1:01:02.0	1:08:58.4			2:10:00.4	0:00:00	0:00:00	2:10:00.4	
3	402	Rob Robbins	M		RUN_H_2016													1:01:02.0	1:08:58.6			2:10:00.6	0:00:00	0:00:00	2:10:00.6	
4	409	Susan De Waal	F		RUN_H_2016													1:09:26.5	1:11:05.2			2:20:31.7	0:00:00	0:00:00	2:20:31.7	
5	410	Katherine Smith	F		RUN_H_2016													1:09:26.2	1:11:05.5			2:20:31.7	0:00:00	0:00:00	2:20:31.7	
6	411	Anna Perkins	F	Kingfisher Harriers	RUN_H_2016													1:12:54.8	1:17:08.4			2:30:03.2	0:00:00	0:00:00	2:30:03.2	
7	404	Andrea Thomas	F		RUN_H_2016													1:12:54.8	1:20:04.2			2:32:59.0	0:00:00	0:00:00	2:32:59.0	
8	397	John Troy	M	Road Runners Club	RUN_H_2016													1:06:20.6	1:44:40.7			2:51:01.3	0:00:00	0:00:00	2:51:01.3	
DNF	328	Sarah Morris	F	Black Bear Juggers	RUN_H_2016													DNF	DNF						DNF	
DNF	406	Dougall McCorry	M	Unattached	RUN_H_2016													DNF	DNF						DNF	
DNF	407	Stuart Philbin	M	Unattached	RUN_H_2016													DNF	DNF						DNF	
DNF	408	Ethan Beck	M	IBSA	RUN_H_2016													DNF	DNF						DNF	

Isoman Quarter Run																										
Position	Bib#	Name	Gender	Club	Race	Swim1	Swim2	Swim3	Swim4	Swim5	Swim6	Swim7	Swim8	Swim Total	T1	Bike	T2	Run1	Run2	Run3	Run4	Run Total	T1 (Pen)	T2 (Pen)	TIME	
1	429	Dylan Gould	M	Kingfisher Harriers	RUN_Q_2016													42:36.5				42:36.5	0:00:00	0:00:00	0:42:36.5	
2	418	Tom Sheppard	M	Kingfisher Harriers	RUN_Q_2016													55:38.9				55:38.9	0:00:00	0:00:00	0:55:38.9	
3	421	Maria Wilkes	F		RUN_Q_2016													59:03.2				59:03.2	0:00:00	0:00:00	0:59:03.2	
4	436	Stephanie Freeman	F	Kingfisher Harriers	RUN_Q_2016													1:00:11.3				1:00:11.3	0:00:00	0:00:00	1:00:11.3	
5	419	Miriam Strbakova	F		RUN_Q_2016													1:00:35.4				1:00:35.4	0:00:00	0:00:00	1:00:35.4	
6	433	Emma Shannon	F	Kingfisher Harriers	RUN_Q_2016													1:00:39.5				1:00:39.5	0:00:00	0:00:00	1:00:39.5	
7	430	Debra Berbezier	F	Kingfisher Harriers	RUN_Q_2016													1:01:13.4				1:01:13.4	0:00:00	0:00:00	1:01:13.4	
8	420	Lesley Proctor	F		RUN_Q_2016													1:01:50.2				1:01:50.2	0:00:00	0:00:00	1:01:50.2	
9	427	David Robinson	M		RUN_Q_2016													1:03:23.2				1:03:23.2	0:00:00	0:00:00	1:03:23.2	
10	437	Steph Elliot	F	Kingfisher Harriers	RUN_Q_2016													1:03:31.1				1:03:31.1	0:00:00	0:00:00	1:03:31.1	
11	422	Paul Peters	M		RUN_Q_2016													1:03:46.1				1:03:46.1	0:00:00	0:00:00	1:03:46.1	
12	415	Michelle Fidler	F	Run Morton Stanley	RUN_Q_2016													1:04:25.5				1:04:25.5	0:00:00	0:00:00	1:04:25.5	
13	438	Sherrie Norman	F		RUN_Q_2016													1:05:49.3				1:05:49.3	0:00:00	0:00:00	1:05:49.3	
14	425	Stacey Ferris	F		RUN_Q_2016													1:05:49.8				1:05:49.8	0:00:00	0:00:00	1:05:49.8	
15	416	Angela Bligh	F	Run Morton Stanley	RUN_Q_2016													1:07:17.0				1:07:17.0	0:00:00	0:00:00	1:07:17.0	
16	414	Mike Fidler	M	Run Morton Stanley	RUN_Q_2016													1:07:17.4				1:07:17.4	0:00:00	0:00:00	1:07:17.4	
17	412	Alison Huggan	F	BRAT	RUN_Q_2016													1:07:49.0				1:07:49.0	0:00:00	0:00:00	1:07:49.0	
18	424	Hannah Watling	F		RUN_Q_2016													1:13:44.4				1:13:44.4	0:00:00	0:00:00	1:13:44.4	
19	435	Tracey Tisdell	F	Kingfisher Harriers	RUN_Q_2016													1:18:25.8				1:18:25.8	0:00:00	0:00:00	1:18:25.8	
20	431	Emma Tisdell	F	Kingfisher Harriers	RUN_Q_2016													1:24:33.7				1:24:33.7	0:00:00	0:00:00	1:24:33.7	
21	434	Dawn Teague	F	Kingfisher Harriers	RUN_Q_2016													1:35:50.8				1:35:50.8	0:00:00	0:00:00	1:35:50.8	
22	432	Ruth Burton	F		RUN_Q_2016													1:36:36.7				1:36:36.7	0:00:00	0:00:00	1:36:36.7	
23	439	Spare Spare	F		RUN_Q_2016													1:40:31.6				1:40:31.6	0:00:00	0:00:00	1:40:31.6	
24	428	Stuart Greenwood	M	Kingfisher Harriers	RUN_Q_2016													1:40:31.8				1:40:31.8	0:00:00	0:00:00	1:40:31.8	
DNF	413	Sue Dempsey	F	Unattached	RUN_Q_2016													DNF							DNF	
DNF	417	Sandra Murrell	F	Unattached	RUN_Q_2016													DNF							DNF	
DNF	423	Emmalie Britten	F	Unattached	RUN_Q_2016													DNF							DNF	
DNF	426	Rebecca Moore	F	Kingfisher Harriers	RUN_Q_2016													DNF							DNF	