

## ISOMAN HALL OF FAME

This is a list of all those who have completed The Isoman Full Distance

Name	Gender	Club	Race	Date	F Swim	F Bike	F Run	T1 (penalty)	T2 (penalty)	Overall
Andrew Fisher	M	Lincoln Tri	Isoman 2015	18/07/15	2:57:36.0	3:12:29.0	3:22:07.0	0:00:00.0	0:00:00.0	9:32:12.0
Michal Garbacki	M	Cityzen Poznan/OWA	Isoman 2016	2/7/16	3:11:30.6	3:08:42.4	3:37:21.7	0:00:00.0	0:02:24.6	9:59:59.3
Henry Walker	M	Malvern Tri Club	Isoman 2016	2/7/16	3:25:22.9	3:11:47.7	3:39:40.1	0:00:00.0	0:00:00.0	10:16:50.7
James Goymour	M	Unattached	Isoman 2016	2/7/16	3:32:41.4	3:08:08.1	3:44:23.5	0:00:00.0	0:01:37.7	10:26:50.7
Edward Hardy	M	Tewkesbury Triathlon Club	Isoman 2016	2/7/16	3:28:12.2	3:26:16.3	3:47:42.6	0:01:06.5	0:00:00.0	10:43:17.6
Jo Maddocks	M	cheltenham tri	Isoman 2015	18/07/15	2:48:30.0	3:29:48.0	4:27:04.0	0:00:00.0	0:01:08.0	10:46:30.0
Mark Davidson	M	Plymouth Triathlon	Isoman 2017	01/07/17	3:34:45.6	3:14:09.6	3:42:44.9	0:01:39.6	0:00:14.9	10:46:34.6
Toby Thomas	M	Unattached	Isoman 2016	2/7/16	3:48:40.9	3:19:32.0	3:44:06.2	0:00:00.0	0:00:00.0	10:52:19.1
Robert Hastings	M	Unattached	Isoman 2016	2/7/16	3:07:16.5	3:21:05.6	4:20:40.2	0:00:42.2	0:02:44.7	10:52:29.2
Neil Wicks	M	Worcester Triathlon Club	Isoman 2016	2/7/16	3:45:21.1	3:02:53.5	4:12:32.6	0:00:00.0	0:00:00.0	11:00:47.2
Sam Walsh	M	Unattached	Isoman 2015	18/07/15	3:17:47.0	3:30:06.0	4:17:18.0	0:00:00.0	0:00:15.0	11:05:26.0
Richard Wilson	M	Unattached	Isoman 2017	01/07/17	3:19:35.1	3:24:47.5	4:15:26.3	0:00:00.0	0:00:00.0	11:11:39.8
Natalie Jackson	F	Bolton Triathlon Club	Isoman 2016	2/7/16	3:09:44.9	4:02:44.8	4:00:12.6	0:00:00.0	0:00:00.0	11:12:42.3
Richard Wilson	M	Unattached	Isoman 2016	2/7/16	3:12:51.6	3:41:05.7	4:20:51.0	0:00:00.0	0:00:00.0	11:14:48.3
Gary Jarvis	M	Isoman/WTC	Isoman Test 2015	11/07/15	2:39:17.0	3:21:57.0	5:16:26.0	0:00:00.0	0:00:00.0	11:17:40.0
Clellnell Collingwood	M	Cambridge Triathlon Club	Isoman 2016	2/7/16	3:20:00.9	3:15:38.1	4:49:53.9	0:00:00.0	0:00:00.0	11:25:32.9
Heather Pearce	F	Somerset RC tri	Isoman 2015	18/07/15	3:11:40.0	3:55:52.0	4:20:03.0	0:02:41.0	0:00:03.0	11:30:19.0
Bryn Green	M	Ten-Point Blackfish	Isoman 2015	18/07/15	3:35:40.0	3:16:03.0	4:36:51.0	0:01:54.0	0:00:32.0	11:31:00.0
Denzil Hunt	M	North Dorset Tri	Isoman 2015	18/07/15	3:18:20.0	3:27:43.0	4:39:41.0	0:03:09.0	0:03:08.0	11:32:01.0
Michael Billups	M	Farnham tri	Isoman 2015	18/07/15	3:17:03.0	3:40:50.0	4:35:08.0	0:01:28.0	0:00:00.0	11:34:29.0
Henry Walker	M	Malvern Tri Club	Isoman 2017	01/07/17	3:44:28.9	3:20:18.1	4:18:20.5	0:00:55.9	0:00:00.0	11:35:45.0
Martyn Brunt	M	David Watson Coaching / Ride Cove	Isoman 2016	2/7/16	3:16:09.4	3:31:34.4	4:48:37.7	0:00:00.0	0:01:03.2	11:37:24.7
Antonie De Klerk	M	Unattached	Isoman 2015	18/07/15	3:28:34.0	3:40:09.0	4:31:11.0	0:00:00.0	0:00:00.0	11:39:54.0
ARJUN AVALAKKI MOHAN	M	Unattached	Isoman 2015	18/07/15	3:01:09.0	3:53:05.0	4:42:32.0	0:01:49.0	0:03:47.0	11:42:22.0
Christophe Gregoire	M	Unattached	Isoman 2016	2/7/16	3:54:56.8	3:28:05.1	4:16:54.7	0:00:35.2	0:02:51.4	11:43:22.0
Stan Gruncell	M	Unattached	Isoman 2017	01/07/17	3:53:30.1	3:16:50.2	4:24:29.3	0:00:00.0	0:00:00.0	11:44:50.9
David Clamp	M	Knutsford Tri	Isoman 2017	01/07/17	4:01:51.2	3:07:14.1	4:21:29.7	0:02:57.1	0:00:00.0	11:46:09.9
Becky Frankel	F	Total Racing Newcastle & One Life	Isoman 2015	18/07/15	3:26:13.0	3:42:58.0	4:16:55.0	0:11:24.0	0:08:42.0	11:46:12.0
Paul Player	M	Unattached	Isoman 2017	01/07/17	3:34:29.6	3:39:10.0	4:18:59.4	0:02:33.7	0:00:57.0	11:49:09.7
Alex Begg	M	Wendels Cc	Isoman 2016	2/7/16	3:07:29.0	3:31:19.5	5:13:17.3	0:01:47.9	0:00:45.0	11:54:38.7
Maciej Sasiadek	M	Klub Biegacza PLL LOT	Isoman 2017	01/07/17	4:16:00.8	3:36:33.2	3:46:46.6	0:05:09.9	0:01:22.5	11:58:55.0
Conor McElean	M	Glasgow Triathlon Club	Isoman 2016	2/7/16	3:47:19.9	4:00:09.9	4:13:55.3	0:00:00.0	0:00:00.0	12:01:16.1
Michael Billups	M	Farnham Triathlon Club	Isoman 2016	2/7/16	3:32:31.2	3:53:57.3	4:34:38.4	0:00:10.0	0:00:00.0	12:01:16.9
Martyn Brunt	M	Coventry Triathletes	Isoman 2015	18/07/15	3:04:07.0	4:35:39.0	4:25:51.0	0:00:00.0	0:02:14.0	12:07:51.0
Glenn Armstrong	M	T3	Isoman 2017	01/07/17	4:09:06.4	3:24:43.5	4:22:50.0	0:00:43.6	0:00:00.0	12:08:08.7
Barry Owen	M	Emlyn Runners	Isoman 2016	2/7/16	4:15:12.4	3:18:19.4	4:33:43.1	0:02:59.6	0:00:00.0	12:10:14.5
Foudrinier Emmanuel	M	Echiroles Triathlon	Isoman 2017	01/07/17	4:07:44.2	3:11:01.2	4:42:15.7	0:00:00.0	0:00:00.0	12:10:48.2
Mark Jackson	M	Bolton Triathlon Club	Isoman 2016	2/7/16	3:30:41.4	3:41:56.5	5:02:47.9	0:00:00.0	0:00:00.0	12:15:25.8
Doug McTavish	M	Unattached	Isoman 2015	18/07/15	3:30:50.0	3:35:52.0	5:09:17.0	0:00:00.0	0:00:00.0	12:15:59.0
Nick Havemann	M	Unattached	Isoman 2015	18/07/15	3:30:47.0	3:20:24.0	5:09:29.0	0:07:47.0	0:07:33.0	12:16:00.0
Nicolas Defillion	M	Oxford Tri	Isoman 2015	18/07/15	3:30:45.0	3:36:51.0	5:08:55.0	0:00:00.0	0:00:18.0	12:16:49.0
Mark Jackson	M	Bolton Tri Club	Isoman 2017	01/07/17	3:50:11.5	3:35:47.6	4:36:50.0	0:00:56.3	0:00:40.8	12:17:26.2
Adam John	M	Tenby Aces	Isoman 2016	2/7/16	3:30:49.4	3:24:28.1	5:25:09.5	0:00:00.0	0:00:00.0	12:20:27.0
Daniel Rayleigh	M	Tbc	Isoman 2016	2/7/16	4:09:59.5	3:54:41.8	4:23:23.6	0:00:00.0	0:00:35.8	12:28:40.7
Chris Hickman	M	Unattached	Isoman 2017	01/07/17	3:46:37.9	3:30:18.3	4:58:00.1	0:01:31.1	0:00:42.3	12:30:09.7
Ian Freeman	M	Unattached	Isoman 2016	2/7/16	4:05:58.6	3:26:59.1	5:00:54.3	0:00:00.0	0:00:00.0	12:33:52.0
Mark Scott	M	Royal Navy	Isoman 2015	18/07/15	3:14:17.0	3:36:31.0	5:38:41.0	0:03:20.0	0:01:54.0	12:34:43.0
Gerard Evans	M	Unattached	Isoman 2016	2/7/16	4:06:27.6	3:47:30.4	4:38:06.8	0:04:02.8	0:00:53.6	12:37:01.2
Mark Baggott	M	Emlyn Flyers	Isoman 2016	2/7/16	3:51:03.8	3:40:15.3	5:06:23.5	0:01:20.7	0:02:11.9	12:41:15.2
Stephen Kennaugh	M	Manx TRI	Isoman 2015	18/07/15	4:02:22.0	3:36:40.0	4:56:31.0	0:08:45.0	0:02:53.0	12:47:11.0
Guy Rogers	M	Unattached	Isoman 2017	01/07/17	3:57:34.1	3:40:59.2	4:50:58.8	0:03:41.3	0:01:48.3	12:48:07.7
Steve Proud	M	Tri Northumberland	Isoman 2016	2/7/16	2:54:38.0	3:39:51.6	6:12:20.8	0:03:14.3	0:00:08.2	12:50:12.9
Lee Thompson	M	Tri Northumberland	Isoman 2016	2/7/16	3:57:36.2	3:47:17.5	5:01:33.7	0:01:42.2	0:02:03.5	12:50:13.1
Andrew Adamson	M	Tenby Aces	Isoman 2016	2/7/16	3:32:06.8	3:21:39.7	5:27:20.7	0:00:00.0	0:00:00.0	12:51:07.2
Anthony 'Tc' Gerundini	M	Enduroman/LincolnTri/Tritalk	Isoman 2016	2/7/16	5:13:32.5	3:42:00.0	3:54:25.3	0:02:48.5	0:00:00.0	12:52:46.3
Anthony Gerundini	M	LincolnTri/EnduroMan/Tritalk	Isoman 2017	01/07/17	5:01:28.2	3:46:14.1	3:48:27.6	0:03:14.4	0:01:35.7	12:54:00.0
Ian Farr	M	Farr More Than Fitness	Isoman 2016	2/7/16	4:15:10.7	3:36:40.9	5:02:28.4	0:00:00.0	0:00:44.3	12:55:04.3
Mike Wadsworth	M	Unattached	Isoman 2015	18/07/15	3:33:07.0	3:52:05.0	5:24:38.0	0:07:49.0	0:00:37.0	12:58:16.0
Michael Billups	M	Farnham Tri	Isoman 2017	01/07/17	3:42:47.0	3:42:09.5	5:25:09.7	0:00:00.0	0:00:00.0	13:00:57.8
Jacqueline Davies	F	Frome Triathlon Club	Isoman 2015	18/07/15	3:32:24.0	3:38:07.0	5:44:54.0	0:07:00.0	0:00:56.0	13:03:21.0
Mark Loates	M	Bolton Tri Club	Isoman 2017	01/07/17	4:03:50.6	4:15:43.4	4:20:47.2	0:07:59.6	0:02:10.3	13:03:31.1
Ian McBride	M	Lincsquad	Isoman 2016	2/7/16	4:41:36.7	3:24:28.1	4:50:52.1	0:03:18.0	0:04:09.9	13:04:24.8
Robert Game	M	Cousley Wood Tri Club	Isoman 2016	2/7/16	4:20:55.7	3:48:12.1	4:52:56.3	0:02:42.3	0:04:47.9	13:09:34.3
Jill Bunyan	F	SwimTech	Isoman 2015	18/07/15	3:51:55.0	3:55:36.0	5:19:23.0	0:01:34.0	0:01:33.0	13:10:01.0
Lucy Tomlinson	F	Ocean Lake Triathlon Club	Isoman 2016	2/7/16	4:04:56.4	4:12:11.0	4:52:13.2	0:02:14.4	0:01:45.0	13:13:20.0
Philip Stainsby	M	Unattached	Isoman 2015	18/07/15	3:52:09.0	4:12:43.0	5:10:00.0	0:00:00.0	0:00:00.0	13:14:52.0
Mark Scott	M	Royal Navy Triathlon	Isoman 2017	01/07/17	3:29:45.9	3:38:52.1	5:53:33.9	0:00:25.9	0:00:34.1	13:16:11.9
Mark Blagbrough	M	Optimal Tri Dubai	Isoman 2017	01/07/17	4:48:48.5	3:31:03.0	4:41:39.0	0:04:09.9	0:00:40.3	13:19:20.7
Jon Rothery	M	Five Frogs	Isoman 2016	2/7/16	3:41:59.5	3:56:39.1	5:38:09.4	0:03:00.6	0:02:12.6	13:22:01.2
Peter Clayton	M	Tynemouth ASC Masters	Isoman 2015	18/07/15	3:29:04.0	4:15:41.0	5:20:17.0	0:10:30.0	0:07:06.0	13:22:38.0
Jonathan maclaren	M	Unattached	Isoman 2015	18/07/15	3:29:05.0	4:15:38.0	5:20:15.0	0:10:23.0	0:07:18.0	13:22:39.0
Steve Turner	M	Tynemouth Masters ASC	Isoman 2015	18/07/15	3:28:37.0	4:15:39.0	5:20:17.0	0:10:56.0	0:07:10.0	13:22:39.0
Graeme Wilkinson	M	Unattached	Isoman 2015	18/07/15	3:29:10.0	4:15:36.0	5:20:17.0	0:10:25.0	0:07:11.0	13:22:39.0
Simon Bunting	M	Lowestoft Road Runners	Isoman 2016	2/7/16	4:06:19.5	4:06:40.5	4:53:31.3	0:08:26.2	0:08:18.9	13:23:16.4
Trevor Pritchard	M	Tata Steel multisport	Isoman 2015	18/07/15	3:56:30.0	4:04:38.0	5:32:08.0	0:00:00.0	0:00:00.0	13:33:16.0
Paul Parrish	M	Unattached	Isoman 2015	18/07/15	3:20:53.0	4:34:29.0	5:41:35.0	0:00:00.0	0:00:00.0	13:36:57.0
Nikolas Kantas	M	Unattached	Isoman 2017	01/07/17	4:23:46.0	4:02:42.1	4:49:45.5	0:04:52.1	0:04:14.6	13:38:20.3
Tim Lloydlangston	M	Unattached	Isoman 2015	18/07/15	3:57:42.0	4:11:38.0	5:25:43.0	0:06:42.0	0:02:59.0	13:44:44.0
Gez Davidson	M	Unattached	Isoman 2017	01/07/17	3:57:06.8	4:10:12.7	5:02:15.4	0:08:49.7	0:13:50.5	13:45:15.1
Sian Lewis	F	Emlyn Flyers	Isoman 2016	2/7/16	3:32:23.5	4:12:33.1	6:04:56.1	0:00:49.3	0:00:12.2	13:50:54.2
Tom Craig	M	South Wansdyke Masters Swimming	Isoman 2016	2/7/16	4:15:23.8	4:13:10.1	5:13:33.5	0:04:23.0	0:04:28.3	13:50:58.7
Deb Peters	F	Unattached	Isoman 2017	01/07/17	4:21:58.9	3:42:31.7	5:52:08.4	0:02:45.0	0:05:07.3	14:17:31.3
Sarah Bruce-Green	F	Bridgtown Cona Testa Triathlon Team	Isoman 2015	18/07/15	4:35:25.0	4:28:18.0	5:09:52.0	0:04:29.0	0:01:39.0	14:19:43.0
Barnaby Rudd	M	Unattached	Isoman 2017	01/07/17	4:28:27.5	4:03:16.4	5:30:49.1	0:06:09.3	0:02:37.5	14:24:19.8
Nadine Nadine Pilkington	F	Wreccam Tri Club	Isoman 2016	2/7/16	3:43:37.6	4:20:20.8	6:21:34.9	0:00:41.0	0:00:15.7	14:26:30.0
Douglas Osborne	M	Rebel Runners Medway	Isoman 2016	2/7/16	4:04:23.4	4:43:27.1	5:30:44.0	0:05:51.2	0:04:03.7	14:28:29.4
Deborah Stevenson	F	Trawden Ac	Isoman 2016	2/7/16	5:27:02.2	4:10:30.7	4:47:55.9	0:02:18.4	0:03:31.1	14:31:18.3
Tim Lloydlangston	M	Stourbridge Running Club	Isoman 2016	2/7/16	4:12:29.3	4:19:51.9	5:55:30.7	0:02:44.1	0:03:41.2	14:34:17.2
Louise Maguire	F	Emlyn Flyers	Isoman 2016	2/7/16	3:53:09.9	4:06:36.8	6:34:31.1	0:00:00.0	0:00:00.0	14:34:17.8
Carlton Coates	M	Tenby Aces	Isoman 2016	2						

David Mitchell	M	Unattached	Isoman 2016	2/7/16	4:28:30.6	4:08:07.5	6:19:35.2	0:11:52.0	0:07:40.4	15:15:45.7
Darrel Slater	M	Hartlepool	Isoman 2017	01/07/17	4:38:16.5	4:25:25.5	5:54:58.9	0:07:17.1	0:02:42.6	15:21:40.6
Anne Ballinger	F	Deal Tri	Isoman 2016	2/7/16	4:50:46.1	4:30:19.2	6:03:50.9	0:10:03.4	0:01:46.3	15:36:45.9
Iestyn Evans	M	Emlyn Flyers	Isoman 2017	01/07/17	4:00:36.2	4:25:56.1	6:59:07.4	0:01:20.2	0:01:32.6	15:41:32.5
Deborah Stevenson	F	Trawden Ac	Isoman 2017	01/07/17	5:46:42.7	4:21:24.3	5:20:14.6	0:01:32.6	0:03:09.3	15:46:03.5
Kaja Kosla	F	Unattached	Isoman 2017	01/07/17	5:30:00.4	4:27:29.4	5:20:46.7	0:19:19.0	0:03:09.1	15:53:44.6
Steven Proud	M	Tri Northumberland	Isoman 2017	01/07/17	4:45:20.7	4:08:29.6	6:35:55.9	0:06:43.0	0:07:41.3	15:57:10.5
Lee Thompson	M	Tri Northumberland	Isoman 2017	01/07/17	4:35:12.5	4:08:28.3	6:35:55.6	0:16:48.4	0:07:45.8	15:57:10.6
Steven Hall	M	Unattached	Isoman 2017	01/07/17	4:45:21.5	4:08:08.7	6:35:56.1	0:06:55.8	0:07:48.6	15:57:10.7
Kaja Kosla	F	Unattached	Isoman 2016	2/7/16	4:11:55.1	4:23:42.8	7:06:35.0	0:19:52.5	0:06:36.5	16:08:41.9